

The Home Circle

Pleasant Reveries—A Column Dedicated to Tired Mothers as they join the Home Circle at Evening Tide

HERE IT IS SPRING-TIME AGAIN!

Everything in the Whole House Needs A Spring Tonic, an Airing and A "Clarion" Up.

Turn A Hawk in The Farmers Wife. Everyone who has read Uncle Tom's Cabin remembers how, every once or twice a year, Aunt Dinah had a "clarion" up time. It was then that every part of her kitchen was overhauled and made spick and span. It was then that all the little negroes of the plantation kept themselves well out of reach of Aunt Dinah's hand. They knew full well that her disposition was not apt to be at its best when she was so busy with her "clarion" up.

Here it is spring-time again and everything in the whole house needs a spring tonic and an airing. "Clarion" up time" is upon us but by planning and preparing a little time will come and pass and neither spoil our dispositions nor break up the family circle.

In the first place, we will look over the battle-field and plan the attack just as any good general does. Then we will lay in our ammunition and supplies, clothe our army and equip our mess kitchen, and some sunshiny morning, the dusty, stuffy old enemy will suffer the most surprising attack it has had since a year ago.

The ammunition and supplies consist of soap, soft water, wall covering, commercial cleansers (either in the powdered form or in the can), varnish, floor wax, furniture polish, plenty of old soft cloths, brushes, two good pails; one a galvanized pail with a good bail, that will not be too heavy to carry up and down stairs or up and down the step-ladder; the other a wooden or heavy galvanized pail. This second one is to hold another piece of equipment, namely, the mop wringer.

We must have a step-ladder, or better yet, a step-ladder and kitchen stool combination, for we can use the combination piece every day in the whole year.

If we live near a town where a vacuum cleaner can be rented, for possibly we do not feel just able to own one yet, we will make arrangements with the dealer to rent a good vacuum cleaner for one day and at about the same time, we must make arrangements with Father or one of the hired men to operate it until every rug and mattress and hanging in the house has had a thorough cleaning.

If the cleaner is of a type that can be operated by the gasoline engine that pumps the water, shells the corn, grinds the feed, elevates the grain, operates the milking machine and does most of the hard work for Father and his men, maybe we can have it help for an hour or two to work the vacuum cleaner. At any rate, there is a possibility worth experimenting on. If we cannot have the engine or the cleaner, either one, we will be sure that we have a good substantial rug beater, one that has no broken or loose wires and that does not slip out of its handle.

The next preparatory movement will be to stock up the mess kitchen because when this "clarion" up" battle starts we prefer not to hang up the flag of truce while we betake us to the kitchen and spend good fighting time in cooking dishes that require hours of preparation.

One of the old standbys in the army's diet is beans so we will bake a big pot-

ful and have them nice and brown. We will have some cookies baked for the children's dinner basket and some apples and oranges for everybody. There will be a supply of bread baked up, for this battle may last a week or even longer if the house is large or the attacking force not very strong.

Besides bread there may be baked a fine large pan of gingerbread that is as good as any frosted layer cake ever made and if it is kept in a tin box or an old wash boiler in the cellar, it will keep moist until the last crumb is gone. We will just bake it in one of the dripping pans that will hold the usual receipt doubled so we will be sure it lasts. Oh yes, maybe some will fire of gingerbread a little but no one should expect a peace diet in times of war!

A nice lot of smooth potatoes will be washed, already to bake or to boil in their jackets, and a big tender roast of meat all ready cooked to slice cold will be all that needs be prepared in the meat line if we have a generous slab of army bacon to fall back on toward the end of the siege.

Now, let us look to our uniforms. Of course they must be suited to the occasion and dresses that are being stepped on when going up the step-ladder or up the stairs could hardly be considered exactly suitable. If we are so poor though that we cannot have a special uniform, we will see that the dress is very short and only full enough to allow freedom.

I believe that most of us can have a real housecleaning uniform, for it is only a two-piece affair, consisting of one short sleeved waist and a pair of bloomers. The bloomers are gathered full and fastened with an elastic band just below the knee. They look like a full short skirt but are much more comfortable and convenient.

Or if we do not have bloomers and have not time to make them, we can get a pair of overalls, the kind Father and the boys wear or the styles made especially for women. You know all the women in Europe who are doing war service are dressing in overalls or similar suits and they do it because they find the style of dress better adapted to their work than the skirts they used to wear.

With our ammunition ready, our mess kitchen prepared and our uniforms on, we will first lay siege to the attic or the room at the head of the back stairs that we have been using for a catchall.

You are sure to find such things there as that old, broken-down suit case in which sister brought her soiled laundry home from her summer's vacations, and the hat from last summer or the summer before that looked too good to throw away; also the newspapers and magazines that Father thought he was going to read when he had time, that you know he never will.

You may find, too, several bunches of just-covered catnip, that with a new crop already starting, you are certain never to use, and the box that had nuts in it earlier in the winter. All this must be removed to make room for a new supply of the same kind of material.

The greater part of these stored-up treasures will be carried out doors and used as fuel for a bonfire, but might better have served as fuel in heater or furnace on some of the cold winter days now past. The papers, magazines, and old clothes, though, we will not burn, for by putting them into bags or tying in bundles, they may be taken to the junk dealer and turned into cash.

Some of the least-worn articles can be given to the superintendent of the poor or to some charitable organization. A few of the old garments may be well worth washing and making into rugs.

With the worthless and semi-worthless stock of goods removed from the attic, we now charge upon the rafters and side walls with our trusty weapons, the broom. Down comes the dust and cobwebs to the floor, to be swept into the dustpan and burned. The last vestige of dirt is removed by a thorough mopping of the floor and the attic windows are left wide open to insure thorough ventilation.

Maybe you are wondering why we began at the top of the house rather than at the bottom. There is method even in the place of attack. If we begin at the top and work down, we will not carry dirt back through a room that has already been cleaned.

Now we will clean the back bedroom and all the other bedrooms before we do anything to the hall. Of course, the bedding all goes out on the line for a day in the sunshine so do all the clothes from the closets.

The curtains come down from the windows not to go back until they have been laundered. The rug will be cleaned with the vacuum cleaner and taken out doors for an airing or it will be taken out doors and turned face down on a grassy spot or hung across the line and beaten.

with the water as it runs off.

And now the dresser, bureau and chiffonier drawers will all be put in order. We empty each drawer, dust it inside and out, put a fresh paper at the bottom and return only such articles as belong there. When the drawers are all in order, the framework of the pieces of furniture to which they belong will be dusted, the mirrors cleaned with a good cleansing powder and the drawers returned. The whole piece may now be given a thorough rubbing with polish or wax, moved into the hall and covered with a cloth until it is returned to the bedroom.

The bedsteads and springs are cleaned in the same manner as the other furnishings unless the springs happen to be of the old coiled spring type, fastened to wooden frames. In this case, take the springs out of the doors, lay on sawhorses, blocks of wood or other supports, and pour scalding water from the spout of the teakettle into every coil and along every cross bar. Hold the kettle a foot or two high so that the force of the flow will carry the dust away.

If the walls and ceilings are to be papered or redecorated with one of the sanitary new wall coverings, now is the time to do it. Do not clean the floor or woodwork until the walls and ceiling are cleaned, even if they are cleaned only with the vacuum cleaner or wiped well with a cloth. If they are to be wiped, fasten the wiping cloth over the brush part of the broom and wipe with the broom. Change the cloth frequently.

Next clean the windows as the mirrors were cleaned and then clean the woodwork with soap and water, paint or varnish as it may need.

Lastly, clean the floor and return the rug, furniture and clothes. Leave the winter blankets to be washed and put away for next winter's use and make up the beds with cotton blankets or muslin sheets.

After the bedrooms are cleaned, clean the hall and the stairway and then begin at the front of the house downstairs and work toward the kitchen, finishing with the basement.

At no time during the cleaning campaign, will we be found on our hands and knees unless it is to clean under the radiator or to clean out the register. It is a just cause we are fighting for and we will fight it standing erect!

Too many good soldiers already have filled early graves because of wasted energy spent on their hands and knees scrubbing floors that might much easier have been kept clean by an up-right process.

Does anyone think that this "clarion" up" siege covers only one day? It is not such an easy victory as that! If we capture one room a day and come out at the end of six or ten or even twelve days, depending on the size of the house, with our health good and our dispositions not too much ruffled, we shall consider ourselves good fighters; and it may be said that housecleaning is not a one-woman battle but rather a whole family affair with the action so keen that every one is glad when it is over and appreciates the clean home to such an extent that for at least three whole days Father and brother John carefully clean their shoes before coming into the kitchen!

LOOKE'S MILLS.

Mrs. E. L. Tebbets of Auburn is a guest of her sons, Lester and Charles, for a few days.

Orville Bryant of Portland visited Saturday with his father, Axel Bryant.

Ray Brown of Berlin, N. H., called on his mother, Mrs. Clara Brown and other relatives, Tuesday.

Mr. and Mrs. James Ring of Bryant's Pond visited with her parents, Mr. and Mrs. E. P. Farrington, the week end.

Lester Tebbets was quite painfully injured Thursday in the mill.

Mrs. Fields and daughter, Doris, of West Paris are visiting her daughter, Mrs. Albert Swan.

Mr. and Mrs. W. H. Crockett were in South Paris the week end.

Mrs. Pike of Norway is visiting her aunt, Mrs. Lizzie Demond.

Gay Swan of Berlin, N. H., visited relatives, Sunday.

Arthur Stowell played for the dance at Bethel, Friday.

HANOVER. Charles Moore moved his family to Camden, N. H., Monday.

Colin Brown is working for Martha Bartlett.

Mrs. Ida Dean has recovered from her recent illness and returned to her home on Sunday River last Saturday.

The many friends of Mrs. R. M. Austin will be glad to know that she is able to be about the house again.

Miss Gladys Carter, who taught school here several years ago, has been visiting Mrs. Lena Bartlett.

Mrs. Martha Bartlett recently purchased a span of large work horses. Chester Hearn was at home from Gould's Academy for the week end.

Elm Stevens, who has been ill for a few days, is able to be out again.

Printing of all kinds done in a prompt and satisfactory manner.

CANTON

Mrs. Geo. Novens of Lewiston has been a guest of her brother, Geo. H. Johnson and family.

Alphonso F. Russell and daughters, Mrs. Lucy Elliott and Ethel W. Russell, attended the funeral of Mrs. Russell's sister, Mrs. Abbie Reed at Moxie.

Miss L. B. Treadwell took for her subject Sunday morning at the United Baptist church, "Colporteur's Work."

In the evening a patriotic missionary concert was held.

O. M. Richardson was at Portland on business, Thursday and Friday.

Frank Romano and family have returned to Canton from Connecticut, where they have spent the winter.

Two candidates were initiated at the meeting of Evergreen Chapter, Tuesday evening, and ice cream, cake and coffee served for refreshments.

W. A. Lucas is again confined to his home by illness and Leander Kilbroth is substituting on the R. F. D. route.

Robert Russell has recovered from his illness.

M. B. Packard has been on a visit to his son, A. M. Packard and family of Dixfield.

Quite a number from Canton attended the Pomona meeting at Buckfield, Wednesday.

Geo. D. Spaulding has purchased Elie Sampson's stand at Gilbertville and will soon move.

Mr. and Mrs. Frank M. Oliver, Mrs. B. H. Redden and Mrs. J. A. Reynolds attended the funeral of Mrs. Oliver's mother, Mrs. Mary J. (Starbuck) Oldham at the home of her son, John Oldham at East Peru, Saturday.

Miss L. B. Treadwell of the United Baptist church of Canton officiated.

Mr. and Mrs. O. M. Richardson have been in Andover for a few days, looking after the hotel which they recently purchased. It will be called Blummont Inn and will open to the public in the near future.

Mrs. Inez Foye has returned from Southern Pines, N. C., where she has been spending the winter.

S. G. Wheelwright of East Dixfield was attending friends in town, Saturday.

Memorial exercises were held by Pomona Rebekeah Lodge, Friday evening for their deceased brother, Joseph Child.

Mrs. Esther B. Hayford, an aged and esteemed resident of Canton, passed away early Thursday morning after only a few hours illness at the age of

76 years and six months. Mrs. Hayford was born in Canton, the daughter of James Staples and Polly Brett Staples, and was one of a large family, five of whom lived to manhood and womanhood. Martha married Lewis Blishe and passed away in Minneapolis, Minn. Four others were residents of Canton, namely, Aseneth, who married Charles Barrows; Florrie, wife of Nathan Reynolds; Ansel Staples and Esther, who was the last of the family to pass away. Mrs. Hayford had spent her entire life in Canton. She married Orlando A. Hayford, who served and was wounded in the Civil War. He served the town as postmaster for several years and was in the apothecary business for a long term of years. He passed away many years ago. Mr. and Mrs. Hayford had two daughters, who survive, Mrs. Viola Daniels of New York City and Mrs. Jennie Tilley who lived with her mother in Canton. Four grandchildren, Orlando and Mary Daniels and Viola and Earl Tilley. Several nieces and nephews also survive. Mrs. Hayford was a faithful member of the Canton Baptist church. The funeral was held Sunday at the United Baptist church, Miss L. B. Treadwell officiating. The floral offerings were very beautiful and included a lovely wreath from her beloved church. Appropriate music was furnished by a quartet with Miss Margarette Hollis, organist. The bearers were: S. B. Ellis, Lyman Ellis, John N. Foye and O. L. Wadlin.

The pupils of the Canton high school held a fair, supper, entertainment and social at the Orange Hall, Friday afternoon and evening. The booths were decorated in the class colors. A host of fancy work, a candy booth, doll booth and a mystery package table all did a rushing business and netted a good sum. A delicious supper of baked beans, macaroni, salads and all kinds of pastry was served. A fine entertainment consisting of readings by Prin. Donald B. Partridge; piano solo, Miss Eleanor Westgate; cornet solo, Ansel Ellis; readings, Charles Hollis; readings, Miss Elva Woodward; piano solo, Miss Ora Woodward and Margaret Westgate; "Our Flag is There," by Miss Francis Abbott and Miss Ora Woodward, with choros by six girls bearing the stars and stripes; violin and piano duo, Miss Madeline Hines and Miss Margarette Hollis. A merry social was held at the close.

Mrs. John Briggs was called to Auburn, Monday, by the news of an accident to Arthur B. Briggs, who fell in

BLUE STORES

"I Am Glad I Came Here" were the exact words of a party from one of our neighboring towns the past week, who had been "looking around" and finally found the RIGHT PLACE.

There are lots of others who would say or feel the same way if they called at our store and looked over the new models in—

SUITS OVERCOATS RAIN COATS

And Other Spring Wearables

Our Styles are Fresh and Different

We've many new creations, also in—

Shirts Neckties Hosiery Hats and Caps

that you'll certainly take pleasure in seeing.

You'll be as well pleased with the fairness of our prices as with the excellence of our clothes.

Buying Here Always Means the Best For Your Money

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NORWAY 2 Stores SOUTH PARIS

IRA C. JORDAN

DEALER IN

General Merchandise

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BETHEL, MAINE

Ladies Boots for \$3.00

We have a large lot of Ladies' Button Boots, Gun Metal and Patent Kid, both high and low heels, all sizes from 1 to 8, D and E width, which we are selling for \$3.00 per pair. These boots were bought on a low market and for that reason we are able to sell them for this price. These same boots on today's market would cost \$4.00 or \$4.50 and when these are sold we will have to get that price for the same quality, and manufacturers tell us that prices are going still higher. We have about 500 pairs of these boots but they are selling rapidly. It is a good time to buy them now.

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NORWAY, MAINE

front of his home and broke both bones of his right leg below the knee. His wife has been confined to her bed for the past two weeks and they will both be removed to the hospital. Mr. and Mrs. Briggs have many friends in Canton and Hartford, where they were former residents, who are sorry to learn of their misfortune.

An accident occurred to Errol Hodges, Sunday, when in holding a stick on the chopping block for an older brother to cut, his thumb was nearly severed from his hand. A physician was called who administered an anesthetic and dressed the painful wound.

Charlotte Dickson is ill with pneumonia.

A large crowd attended the patriotic missionary concert at the United Baptist church, Sunday evening. The shurens were prettily decorated with potted plants, flags and crepe paper in the national colors. The children all did themselves credit and the concert was much enjoyed by all, although some parts were omitted on account of illness. Miss Margarette Hollis was organist.

The Ladies' Aid will meet at the G. A. R. Hall next Thursday afternoon. No meeting of the Ocean Park Club will be held this week.

CONTINENTAL CASUALTY COMPANY, GENERAL OFFICE 918 MICHIGAN AVENUE, CHICAGO. HOME OFFICE, HAMMOND, IND.

Assets Dec. 31, 1916.

| | |
|-------------------------|-----------------------|
| Real Estate | \$75,000.00 |
| Mortgage Loans | \$61,500.00 |
| Stocks and Bonds | \$16,500.00 |
| Cash in Office and Bank | \$14,500.00 |
| Agents' Balances | \$7,500.00 |
| Bills Receivable | \$3,125.10 |
| Interest and Rents | \$1,250.00 |
| All other Assets | \$1,132,500.00 |
| Gross Assets | \$2,007,625.00 |

Deduct Items not admitted.

| | |
|-----------------------------------|----------------|
| Admitted Assets | \$2,007,625.00 |
| Liabilities Dec. 31, 1916. | |

| | |
|--------------------------------------|-----------------------|
| Net Unpaid Losses | \$895,010.00 |
| Unearned Premiums | \$1,070,125.00 |
| Including Voluntary Reserve | \$12,500.00 |
| All other Liabilities | \$100,000.00 |
| Cash Capital | \$200,000.00 |
| Surplus over all Liabilities | \$200,000.00 |
| Total Liabilities and Surplus | \$2,007,625.00 |

Mrs. John Briggs was called to Auburn, Monday, by the news of an accident to Arthur B. Briggs, who fell in

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APRIL 21

12 lbs.

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Overcome Chronic Constipation

Don't continue to create a bad habit of strong purgatives. They relieve, and that is all. And they call for increased dosage. A small treatment will arouse the liver and give tone and strength to the bowels. It is offered in



Many years have shown the wisdom of this remedy. It is the ideal laxative, gentle, effective and strengthening. Now it may be obtained in tablet form, for convenience in taking.

It will give a habit of regularity. Used as directed, the sufferer may reasonably expect to get a healthy bowel, but the reformation of proper habits, in the natural way.

Liquid if you desire it, 11 and 12c.

Tablets, 10c and 11c.

Carry a box with you. Constipation is largely a matter of habit. You can overcome it with Mark's.

The Paragon Company, Chicago.

Mark's is a new and improved laxative, based on the latest scientific research, and is the most effective and pleasant of all laxatives.

Mark's is a new and improved laxative, based on the latest scientific research, and is the most effective and pleasant of all laxatives.

The Continual Buying Activity

In all departments emphasizes the complete readiness of this store to serve you in all manner of Spring Requirements.

PRICES, always in keeping with our value giving policy. Whenever we are able to effect a saving in our purchases, which often happens, we pass our savings on to you.

SPRING COATS of all the dependable colors and materials. Styles are pretty well settled, so that you are buying a style that will be good the whole season. Costs \$9.95 to \$32.50.

We feature particularly fashionable shades in Georgette crepe waists.

These blouses are in distinctive models, only a few of a kind. Prices \$4.95 to \$7.95.

OUR WASH GOODS include a big percentage of the novelties, as well as the staple weaves and shades. Samples on request. 15c to 50c yard.

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Norway

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ALBANY.

The Ladies' Club met with Mrs. A. J. Andrews, Wednesday. They are reading, "The Precious Path," written by Cecil Chesterton.

The school at Hunt's Corner is to commence April 23. Miss Alta Cummings is to teach.

Mary Givner celebrated her seventh birthday by inviting her little friends to spend Monday afternoon with her. They had a pleasant time playing games and a candy lunch was served, after which they went up on the hill for a walk and drink of sap.

Mrs. Frances Wardwell is caring for Mrs. Arthur Andrews and baby. Charles and Jack McNally have topped quite a number of trees. Roy Johnson has returned from Auburn where he has been visiting his sister, Mrs. Anna Dean.

We are glad to hear that Mrs. Mary Hill, who has been in a hospital in Boston for treatment, is so much improved in health that she has gone to the home of her sister, Mrs. McQuinn.

Mrs. Abel Andrews called on Mrs. Isaac Hill, recently. Miss Helen, Ruth and Beatrice Andrews have been spending a few days with their grandparents, Mr. and Mrs. Sumner Givner, of North Waterford.

PROBATE NOTICES.

To all persons interested in either of the Estates hereinafter named:

At a Probate Court at Paris in and for the County of Oxford, on the seventeenth day of April, in the year of our Lord one thousand nine hundred and seventeen. The following matter having been presented for the action thereupon indicated, it is hereby ORDERED:

That notice thereof be given to all persons interested, by causing a copy of this order to be published three weeks successively in the Oxford County Citizen newspaper published at Bethel, in said County, that they may appear at a Probate Court to be held at Rumford on the second Tuesday of May, A. D. 1917, at 9 o'clock in the forenoon, and be heard thereon if they see cause.

CLARENCE H. and MARION J. CLARENCE of Rumford, executors, second named, presented for allowance by said Court Wills, guardians.

ADDISON E. HERRICK,

Judge of said Court.

A true copy: attested: ALBERT D. PARK, Register.

1917

IT PAYS TO ADVERTISE.

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In addition to our regular line of Flour and Grain we have added

Portland Organic Fertilizers.

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BETHEL,

MAINE.

BETHEL and Vicinity

Mr. T. F. Hastings was in Berlin, Saturday.

Mr. I. L. Carver was in Portland last week.

Mr. L. A. Hall is spending a few days in Norway.

Lieut. Wilson of Norway was in town last Wednesday.

Miss Mary True was in Portland the first of the week.

Mr. Clifford Merrill has moved his family onto Clark street.

Mr. Ben Sakforth of Portland was in town a few days last week.

The Crochet Club met with Mrs. David Forbes, Tuesday afternoon.

Miss Nellie Blake was a week end guest of relatives in Milan, N. H.

Messrs. F. A. Tibbetts and E. F. Diaboe were in Portland, Sunday.

Mr. E. S. Kilborn of Portland was a business visitor in town, Saturday.

The Weetatt Club will meet at the home of Mrs. Wm. Garey, Thursday P. M.

The W. C. T. U. will meet with Mrs. Mae Godwin, Tuesday afternoon, April 24th.

Mr. Ernest Ham of Norway was a week end guest of Mr. and Mrs. D. T. Durell.

Mrs. E. C. Park and Miss Annie Hamlin were in Berlin, N. H., last Thursday.

Mr. Henry Bray of Bryant's Pond was a guest of Mr. and Mrs. Charles Cole, Tuesday.

Miss Schoenle was called to her home in Cincinnati, Saturday by the death of her mother.

John Swan and son, Marie, went to Locke's Mills, Wednesday, to work for Charles Tibbetts.

Mrs. Ida Martin from West Paris was the guest of Mr. and Mrs. David Forbes, Tuesday.

Byron Cummings went to Portsmouth, N. H., Tuesday, where he expects to have work.

Mr. and Mrs. Jack Carter have returned from Boston and have opened their house for the summer.

Mr. Phillip Barker and mother are to occupy the Vira Holt place on Mill Hill about the first of May.

Mr. Harrison of Brooklyn, N. Y., has purchased the Dwight Rose farm on Paradise of Mr. T. B. Burke.

Mrs. Harry Inman and son, Walter, were in Portland, Tuesday, to consult Dr. Abbott in regard to Walter's arm.

Judge A. E. Herrick, E. C. Park, Esq., and H. H. Hastings, Esq., attended Probate Court at South Paris, Tuesday.

Mrs. I. H. Wright and daughter, Vivian, were guests of Mr. Forrest Keene and family at Mechanic Falls, Saturday.

Miss Harriet Andrews, who has been a guest of Miss Mary True the past week, returned to her home in Kansas City, Monday.

Mr. and Mrs. E. E. Whitney were guests of Mrs. Whitney's sister, Mrs. Humphreys, at Lancaster, N. H., a few days last week.

Mr. A. Morgan and family have moved into the new house on the other side of the T. R. track now owned by Mr. Howard Thorston.

Mr. T. B. Goodwin was in Portland, Saturday, and Miss Annie Frye accompanied him home. Miss Frye's new friends will be glad to hear that she is much improved.

The first "good roads day" of this season was held Monday when Road Commissioners Brown with eighteen others filled up the sand hole in front of Herman Mason's and widened the road at the top of the hill. This day a bad piece of road had a place that was always bad after every rain. The men who assisted are to be congratulated for their public spirit. Their names follow: H. L. Powers with team, Chas. Abbott, O. A. Beck, Olan Stanley with team, Harold Stanley with team, Chas. Ames, L. C. Stearns, Frank Goodwin, Wm. Gauthier, Wm. Bryant, Dana Philbrick, J. H. Carter, Jr., Augustus Carter, Robert Sanderson, Charles Capen, L. F. Bartlett, Frank Abbott, B. W. Kimball.

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That's the experience of Hundreds and Thousands just like you. They have always loved music, always wanted to be able to play the Piano, or Playing, wished to play better; and now—Now, with the Playerpiano, enjoying the power to play any time they feel like playing!

That's just the wonderful thing about the Playerpiano. It makes your dreams come true! It brings to you instantly the facility which you have long enjoyed in others, whose life was so arranged as to permit them to master the piano while you were denied this Opportunity.

Love of Music, desire to play—and now, ability to play the piano as you wish—these spell Happiness. Come in To-day. Write for catalogues and prices.

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Insurance that Insures.

Fire, Life, Health and Accident, Automobile,

Plate Glass, Steam Boiler, Liability

and Burglary Insurance.

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NORWAY

Tel. 124-4

MAINE

Mr. and Mrs. Charles Cole were in Lewiston, Saturday.

Mr. Little visited the "Soldier Boys" at Norway this week.

Mr. Cleveland West of Errol, N. H., is visiting relatives in town.

Tuesday, Mr. Little was called to South Paris to attend the funeral of Mr. Noble, who died Saturday morning, aged 77.

Mr. Gard Goddard has enlisted in the hospital corps and will leave for Portland next Monday. Mr. Roserman has secured Mr. A. P. Stevens, a registered druggist, of South Paris as drug clerk.

Mr. and Mrs. Bert Harlow from Newry Corner were in Bethel, Friday.

Gordon Allen was up from Portland to visit his mother over Sunday.

Mrs. Davis Lovejoy went to Waterville, Tuesday, for a few days.

Rev. Mr. Little was called to Gilead, Sunday afternoon to attend the funeral of Mr. Coffin, aged 91, father of Frank Coffin.

Dr. B. R. Tibbetts was in Portsmouth, N. H., last week where he took his examination for a surgeon in the Navy. He passed with high rank and druggist, of South Paris as drug clerk. is now waiting the call to duty.

Local View, Memorial Day and Birthday

POST CARDS

at wholesale or retail.

OXFORD POST CARD CO.

Citizen Office

Bethel,

Maine

RUMFO

Mrs. George Horton Thelma of Waldo at about May 1st for where Mr. Horton has in a machine shop for The vacated house on be occupied by Mr. and Mrs. Resd.

Mr. and Mrs. John ceiving congratulations of a daughter. Mrs. G. orly Miss Gladys Child. The Equal Suffrage at the High School o'clock on the evening. The program will be On May 25 Mrs. Debor ston will deliver an ad ing of the League.

James Kierstead, Worcester for some turned to town.

Lawyer Ralph T. chased an Overland to the C. E. Britton Comp Mr. and Mrs. John moved from the Bears cock street into one of on Gibson Flats.

John Moran, bell boy for, has accepted a ship Captain Barker's hotel. He will assume his aut of May.

Edward Harpe and are in Niagara Falls, gates from the local u per Makers' Conventio

Mrs. Harry Ladd has sition as clerk in Man William Mann is visi Chicago, Ill.

Josie McPhee has a tion in the store of the sio Company.

Mrs. A. L. Stanwood her daughter, Mrs. Har on, in New York City.

Mrs. George Hemian a few weeks with her D. Guilford, in Lewist

The Rallics Brothe of the Rumford Canly received the and news of their father at his hom of Leavos, Greece. M intended coming to Ru make his home with hi

A local branch of the ciety has been forme Mrs. F. A. Hill is presid this Miker, secretary; M treasurer. The execut includes twenty of the ment ladies. The sci granted the use of the Commerce rooms in the first gift is a check for from Osgood Eaton Reli

Postmaster McMenun ed orders from the Post not to accept any mail Germany, Austria Hung Key.

The class parts at school have been assign Valdeictory, Dorothy K tory, N. Dennis; class e trum; class oration, A class will, Florence Cor tion of gifts, Arthur John Meehan; address l ater, B. Ruff; class hia son; class prophecy, S. I Meehan; class old, word music, H. Breanick. T voted to wear gown's ment, these to be hired fr firms at reasonable rates. rank of the valdeictoria years was 92.75. The is higher than ever before of the school. Last y dictory went to Ida Tay of 80.9, and two year Peabody was valdeictoria of 91.5.

The friends of Char hand whose mother resi ches street, will be pled that he has successfully period of training at the ing Station, Newport, H was his first pronounci. At a banquet given by Adait Bible Class of Chapel the other eveni Mrs. John M. Arters we of honor. Mr. Arters w with a very handsome t and a gold mounted statu Mrs. Arters was secur beautiful maxonnale est. pastorate at the Rumfo church was completed on day.

The school children of not infested to be hided in showing their patrioti

If You

If you have suffered from too well—loss of appeti meaning prostration for regular duties. Such hatic ab, but there is really no hold medicine. "L. F." At night, rarely fails to whol this preventive measure symptoms appear, will al obtained in large bottles, the asking. "L. F."

Here's a

RUMFORD

Mrs. George Horton and daughter, Thelma of Waldo street, will leave about May 1st for Worcester, Mass., where Mr. Horton has been employed in a machine shop for some time past. The vacated house on Waldo street will be occupied by Mr. and Mrs. Allan J. Reed.

Mr. and Mrs. John Green are receiving congratulations upon the birth of a daughter. Mrs. Green was formerly Miss Gladys Clifford of Mexico. The Equal Suffrage League will meet at the High School building at eight o'clock on the evening of April 24th. The program will be announced later. On May 25 Mrs. Deborah Knox Livingstone will deliver an address at a meeting of the League.

James Kierstead, who has been in Worcester for some time past, has returned to town.

Lawyer Ralph T. Parker has purchased an Overland touring car from the C. E. Britton Company.

Mr. and Mrs. John Rennie have moved from the Beers house on Hancock street into one of the new houses on Gibson flats.

John Moran, bell boy at Hotel Rumford, has accepted a similar position at Captain Barker's hotel, "The Barker." He will assume his duties the first day of May.

Edward Harpe and Edward Sheehan are in Niagara Falls, N. Y., as delegates from the local union to the Paper Makers' Convention.

Mrs. Harry Ladd has accepted a position as clerk in Mann's Bakery.

William Mann is visiting relatives in Chicago, Ill.

Josie McPhee has accepted a position in the store of the C. H. McKendrick Company.

Mrs. A. L. Stanwood is a guest of her daughter, Mrs. Harold Partenheimer, in New York City.

Mrs. George Hominy is spending a few weeks with her friend, Mrs. M. D. Guilford, in Lewiston.

The Rallics Brothers, proprietors of the Rumford Candy Kitchen, have received the sad news of the death of their father at his home on the island of Leavos, Greece. Mr. Rallics had intended coming to Rumford soon to make his home with his sons.

A local branch of the Red Cross Society has been formed in Rumford. Mrs. F. A. Hill is president; Miss Martha Mixer, secretary; Mrs. R. E. Swain, treasurer. The executive committee includes twenty of the town's prominent ladies. The society has been granted the use of the Chamber of Commerce rooms in the Institute. The first gift is a check for \$25.00 received from Osgood Eaton Relief Corps.

Postmaster McMenamin has received orders from the Postmaster General not to accept any mail destined for Germany, Austria Hungary and Turkey.

The class parts at Stephens high school have been assigned as follows: Valerictory, Dorothy Kimball; salutatory, N. Dennis; class essay, Ruth Ostrum; class oration, Arthur Curran; class play, Florence Cornell; presentation of gifts, Arthur Bouffard and John Meahan; address to undergraduates, H. Buff; class history, A. Melanson; class prophecy, B. Becker and M. Meahan; class ode, words, E. Freeman; music, H. Bremick. The class has voted to wear gowns at commencement, these to be hired from New York firms at reasonable rates. The average rank of the valerictorian for the four years was 92.73. The ranks averaged higher than ever before in the history of the school. Last year the valerictory went to Ida Taylor at a rank of 89.9, and two years ago Ruth Peabody was valerictorian at the rank of 91.5.

The friends of Charles L. Robid, hand whose mother resides at 23 E. E. Street, will be pleased to learn that he has successfully completed a period of training at the Naval Training Station, Newport, R. I., and has won his first promotion.

At a banquet given by the Friendly Adult Bible Class of the Virginia Chapel the other evening, Rev. and Mrs. John M. Arters were the guests of honor. Mr. Arters was presented with a very handsome traveling bag and a gold mounted fountain pen, while Mrs. Arters was remembered with a beautiful camoussie set. Mr. Arters' pastorate at the Rumford Methodist church was completed on Easter Sunday.

The school children of Rumford do not intend to be behind other people in showing their patriotism during the

EASILY DECIDED

This Question Should Be Answered Easily by Bethel People

Which is wiser—to have confidence in the opinions of your fellow-citizens, or people you know, or depend on statements made by utter strangers residing in far-away places? Read the following:

A. L. Holt, carpenter, Elm St., Bethel, says: "I am always ready to recommend Doan's Kidney Pills on account of the fine benefit they have been to me. I always keep Doan's Kidney Pills, procured from Basserman's Drug Store, in the house and use them as I feel in need of them. They quickly relieve any disorder of my kidneys and naturally, my confidence in them is very strong."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Holt had. Foster-Milburn Co., Props., Buffalo, N. Y.

present war, so they are planning to help add to the resources of the State and Nation by cultivating home gardens. To make this venture a success, the principals of the several schools and the teachers are busy perfecting plans that will assist materially in this undertaking. They will get information from the Agricultural Department at the University of Maine, which will enable them to advise the children intelligently. The school authorities have engaged Herbert McRobb who will graduate from the agricultural course at the University of Maine this year, to start in the work of supervising home gardens on the 25th of June. Mr. McRobb will handle the children in groups, and besides he will coach these children in baseball. The products of these home gardens will be the property of the girl or boy producing them. It is also suggested that the domestic science rooms of the Stephens high school be used as the location of a canning factory for any surplus products. Mr. McRobb is to take the place of Mr. Henry Johnson, the submaster at the Stephens high school the coming year.

Little Miss Evelyn Rolfe, daughter of Mr. and Mrs. Clifford Rolfe of Franklin street, has been confined to the house for the past month by illness. Mr. Edward Ambach, who has been employed by the Rumford Falls Power Co., Realty Co. and Light and Water Co., is to resign his position on account of his health, and will go onto a farm for the summer to recuperate.

Miss Evelyn Abbott, daughter of Mr. and Mrs. Charles H. Abbott, is to spend the coming summer at the summer home of her aunt, Mrs. Eva Salisbury, in Pittsfield, Maine.

Mr. Joseph H. Lempert of the Rumford Jewelry Company has purchased the Robley H. Morrison house on Crescent avenue, and after making some renovations and repairs, will take possession.

The H. P. Cummings Construction Company are dumping rock and earth spoil from the Power Company's canal excavation, near Morse's Mill, widening the approach to the bridge from Franklin street, having several double teams and a big motor truck on the work. It will be a great improvement to what has always been considered a very bad corner for automobiles.

The steel frame work for the new power house is being erected very rapidly by the Cummings Construction Company, and the hum of the riveting hammers can be heard constantly. Some very heavy iron work for the power plant has recently arrived, and calculated near Stanley Bissell's residence on Lincoln avenue, and will have to be hauled by teams or motor through the streets to the work, as the highway bridges across from the nearest point on the railroad, are not thought to be strong enough to carry the great weight of the various sections.

Walton Lodge, H. of P. of Maine have decided to take action to co-join with the public schools or any other organization to furnish school fertilizer, etc. for the raising of crops to exceed anything that has ever been raised in the history of the town before. They will work to obtain all the unused land throughout the town, the payment for which is not to exceed

the amount of taxes upon the land. Miss Rose Mercer, the milliner, is at the hospital suffering with a nervous breakdown.

Mrs. Lucy Moore of Roxbury road is clerking for Mr. Tom Stevens at Mexico Corner.

Mrs. Guy Meader is substituting in the Rumford National Bank.

Miss Anna Hassett of the Rumford National Bank is spending this week in Bellows Falls, Vermont.

Miss Alice Fassett and the Misses Mary and Ruth Morse, who have been coming at the home of Mrs. J. E. Wesley Clarke on York street, have now taken rooms at the home of Rev. and Mrs. John S. Warren on Penobscot street.

Company B of the 2nd Maine Regiment, National Guard, was called to the colors on Friday morning last by the whistle signal—eight blasts three times in succession—and all was animation and excitement around quarters. Captain Spaulding Bissell feels very pleased with the splendid response to the call for enlistments. Industrially Rumford will suffer very much by the withdrawal of so many young men. The Oxford Mill alone will lose fifty men, and so on, and this with the previous shortage in labor is a serious handicap.

Rumford fire department was called at about 8 P. M. Saturday by an alarm from Box 23 for a fire in the stable of Andre LaCroix on Prospect avenue. The stable was entirely destroyed, and while they succeeded in getting the horses out, quite a little loss was sustained by the burning of some grain which was stored therein. Later in the evening, about ten o'clock, fire broke out once again from the same box, but this time it was Frank Jannacelli's banana store house. It is not known how the fire caught.

There will be degree work in Parity Rebekah Lodge on Friday evening, April 20th.

The Altogether Club will meet at the home of Mrs. Charles T. Eldridge on Knox street on Monday evening, April 23rd.

Mexico Lodge, No. 454, N. E. O. P. met at the home of Warden William S. Kelley on Granite street, Biltonville, on Wednesday evening of this week.

Miss Lena Felt attended a meeting of the New Century Woman's Grange at Buckfield Wednesday of last week.

Mrs. J. E. Wesley Clarke and two daughters, Betty and Barbara, leave on Saturday of this week for Akron, Ohio, where they are to make their future home. They will make short visits enroute, with Mrs. Clarke's sisters, Mrs. Barton of Berlin, N. H., and Mrs. Lee of Newton Mass.

Mrs. C. P. Bryant is to leave town on Saturday of this week to make an extended visit with her daughter, Mrs. Barton of Berlin, N. H. In the autumn who will join her daughter, Mrs. Clarke in Akron, Ohio, to make her future home.

About twenty of the militia boys of Rumford were sent away on Monday afternoon, five or six being ordered to Augusta, and about sixteen to Norway. Rumford has some thirty or thereabouts more men than is required, and Norway therefore some of Rumford's men were sent over to help out in the number from Norway.

GILBEAD.

Mrs. Ellen Westworth arrived in town last Wednesday from Florida, where she has been spending the winter.

Mrs. Mary Fagan was in Berlin, N. H., recently.

George Carter and party from Norway are spending a few days at their camp here.

Earl Coffin of Rumford spent the week end in town.

Mrs. Colla Wright has returned home from Norway after spending a few days there with relatives.

Mr. and Mrs. Robert Lovejoy of Berlin are spending a few days in town. Harold Moore of Norway was in town last Sunday to attend the funeral of his grandfather, P. M. Coffin.

Alma Heath has gone to Wilton to visit her mother, Mrs. Ida Jewett.

John Richards was in Gorham, N. H., one day last week.

Perry Paine of Berlin, N. H., was a recent visitor in town.

The many friends of Isaac McLe of Gorham who lost of his death which occurred at the St. Louis Hospital in Berlin, N. H., last Friday.

Again is one community called upon to mourn the loss of one of our old and respected citizens, Francis McKinnis Coffin, who passed away at the home of his son, P. H. Coffin, last Friday night. Funeral services were held at the congregational church, Sunday afternoon at two o'clock conducted by Rev. J. H. Little of Bethel. Burial took place in the Peabody cemetery.

A. H. Bryant was in Gorham, N. H., last Monday.

Woman's crowning glory is her hair, but she doesn't always sleep in her crown.

When a woman looks in her mirror she is never able to see herself as other women see her.

WEST PARIS

A large crowd was at the station Monday morning when Rupert Barry, Keith Field and Alanson Cummings, who have enlisted in the Navy, left for their duties. Royal Herrick, Walter Swan and Alton Ripley have enlisted in Co. D, Norway, making six in all who have gone from West Paris for war service.

The drama, "Country Folks," will be repeated on Patriot's Day, April 19, for the benefit of the Belgium sufferers. This play was given in February by the Freshman class of West Paris High school, and was pronounced very good by all who witnessed it and doubtless the class will excel in their second presentation of the play.

Friday evening the men of the Universalist Society and all those favorable to that church will be given a supper preceding the organization of a Men's Club.

Rev. J. J. Hull, State Organizer, spoke at the Universalist church last Thursday afternoon to the ladies who are to organize a Ladies' Club and to the men in the evening. There was a good attendance. Sunday evening Rev. D. A. Ball, pastor at the Universalist church, spoke from the words, "If God be with you who can be against you?" There was a good attendance in the evening. Special music by choir and young girls and a solo by Miss Alice Barden which was greatly enjoyed.

The Good Will Society met with Mrs. D. A. Ball, Wednesday afternoon.

A meeting will be held at Centennial Hall, Wednesday evening for "Preparation." The chairman of committees on different departments for Public Safety have already been appointed.

Mr. and Mrs. Irving French of Newry have been recent guests of her parents, Mr. and Mrs. Adney H. Tuell.

Margaret Tuell is also visiting her grandparents, Mr. and Mrs. A. R. Tuell.

Mr. and Mrs. L. L. Bowker of Portland spent several days last week with her parents, Mr. and Mrs. Roscoe Tuell.

Mr. Bowker, who is an engineer, is having a vacation.

Lewis M. Mann and Edwin J. Mann have given the use of land in the Commons field for base ball, tennis and croquet grounds for five years, providing no use of the grounds is made on Sunday, and that persons using the grounds conduct themselves civilly.

Mrs. Clara E. Stearns and daughter, Mary, who is a student at Gorham Normal School, are in Boston. Miss Stearns expects to have an operation on her tonsils while there under the care of her brother, Rafe N. Hatt, a student at Tufts Medical School.

Mrs. and Mrs. C. H. Lane, Mr. and Mrs. C. H. Lane, Jr., and daughter, Margaret, Misses Della and Minnie Lane, Mr. and Mrs. C. L. Riddon and wife, called there at South Paris last week, friends there by the death and funeral of Mrs. Loh Shurtliff.

Mrs. C. H. Lane and Mrs. Julia Abbott went at once and remained through the week. The death of Mrs. Shurtliff brings sincere sorrow to a large circle of friends here who deeply sympathize with the bereaved family.

Mrs. George W. Riddon and J. B. Tucker, who have been ill for a long time, are slowly improving.

The remains of Mrs. Gertrude Harding, wife of Alva M. Andrews of St. Wolstock, were brought here Saturday for burial in West Paris cemetery. Mrs. Andrews was well known here and had many friends who regret her death and extend sympathy to the mourning friends.

Miss Carolyn Gray of South Paris, who is the guest several days last week of her brother, Dexter W. Gray, and family.

Miss Agnes Gray will return next week to Rangley to resume her teaching.

Rev. and Mrs. L. W. Grundy attended the M. E. Conference at Westbrook.

Miss Grace Brock is ill from measles.

Mrs. Maud Mann has broken up housekeeping and has gone to work for the family of Merrill Welch of Norway. Pearl is gaining and is with her mother.

Mrs. E. D. Stilwell, who has been while ill from an attack of grip, is gaining slowly. Mrs. J. W. Cummings is caring for her.

Mr. and Mrs. Ellis S. Hobbie were in Rumford last week, called there by the illness and death of Mrs. Hobbie's step-mother, Mrs. Garrison Hobbie.

Mrs. Agnes Pratt has returned home after an absence of several months.

BRYANT'S POND.

James Ring of this village has recently purchased the Harold King place on the Greenwood road near Lake's Mills and will move with his family in a few weeks.

The many friends of Ray Crockett are glad to see him home from the hospital alright again.

Charles Frode of Canada has been assigned to this station as operator in place of Mark Parkhurst, who has been transferred to Copperville.

C. E. Booth of the firm of William Booth & Son, New York City, was in town last week buying shovels.

The selectmen are in session looking



A Man of Few Words

"Actions speak louder than words" is the Bay State's motto. He's got the goods—a paint for every need and purpose. He picks the right paint; does a quick job and his work lasts and lasts. If your home looks a little "seedy"—if any of the hundred-and-one things in it are marked for the store-room—apply "Bay State." That will put them in the pink of condition—quick. Our book on paint will be sent free. Lots of illustrations and few words.

Wadsworth, Howland & Co., Inc., Boston, Mass.
Largest Paint and Varnish Makers and only Corrodure of Lead in New England

Bay State Paints

ANDOVER

Mr. and Mrs. Otis M. Richardson of Canton were the guests of Fred Smith and family, Sunday.

Nat Campbell has been quite ill. Miss Ethel McAllister has been appointed postmistress of Andover.

Clarence Hall, wife and daughter, Helen, were guests Sunday of W. N. Akers and wife.

The Grange Sewing Circle met this week with Mrs. Dorothy Baker. John Talbot has gone to Providence, R. I., where he will visit his daughter, Mrs. John Gammon.

Born April 10 to the wife of Homer Richards a son. Ruth Gilman of Rumford is caring for mother and son.

Leater Poor went to the McCarty hospital, Saturday, for treatment.

The Young Peoples' Whist Club was held in the H. and L. Hall, Thursday evening, April 12th. The first prizes were won by Mrs. Harry Poor and Clarence Hall, Walter Jackson and Miss Mattie Cutting getting the consolation prizes.

Mrs. P. E. Lathrop has been visiting her aunt, Mrs. Hill, at Stoughton, Mass., this week.

Alice Andrews has been chosen Supt. of Schools.

Mrs. Willard Newhall entertained a party of ladies, Tuesday afternoon. The school at No. 4 will commence Monday, April 23rd.

A horse belonging to Irving Akers broke its leg in the stall last week and had to be killed.

Lincoln Dresser entertained the Juvenile Whist Club, Saturday evening at the Hook and Ladder Hall.

Mrs. J. A. Dunning has returned from a visit with her daughter, Mrs. Bernice Morton, at Concord, N. H.

Mrs. Mary Pross has moved into Walter Barnes' rent.

Ruth Hutchins was the guest of Mary Hewey, Sunday.

The selectmen are in session at their office this week.

The Ancient and Honorable Whist Club was entertained Saturday evening at C. A. Rand's room, by Mr. and Mrs. C. A. Rand and Mr. and Mrs. F. P. Thomas. Sixteen members were present. First prizes were won by Mrs. Y. A. Thurston and Clayton Sweett. Consolation prizes were won by Mr. and Mrs. Charles Ripley. Delicious refreshments were served.

Carpenters are at work on Mrs. Abbie Poor's house.

Owen Lovejoy returned from Bethel, Saturday.

Y. A. Thurston, Clayton Sweett and Harry Thomas returned from a ten days' trip to the eastern part of the State, Wednesday of last week.

The band concert and dance given in the hall, Wednesday evening, April 11, was a success. A box supper was furnished by the young ladies. These boxes were auctioned off by Neal Bodwell. Ice cream and cake also found a ready sale. About \$34 was taken.

Rev. George Graham preached an interesting sermon Sunday morning at the congregational church from the text, "They went to a place called Calvary." In the evening a large audience was present and enjoyed Underwood's Underwood's illustrations of the songs, "Swanee River," and "My Old Kentucky Home." A flute solo was rendered by Mr. French.

Annie Akers will teach the spring term of school at No. 4.

Y. A. Thurston has been in Portland a few days this week.

Ray Thurston went to Frye, Maine, with six horses to haul supplies to An-dover.

Wm. Leonard will have charge of the Sawyer Brook drive.

up the valuation of the village property. The estimate of the timber lands has not been completed and will be continued as soon as the snow is out of the woods.

The foundation has been started for a new house, bungalow style, on the lot just above Odo's hardware store. It is to be built for occupation by the postmaster, Clarence H. Cole.

COTTONSEED MEAL.

Better Than It Injures Dairy Cattle And Impairs Quality of Butter Not Justified.

The opinion prevalent in some sections that even the moderate feeding of cottonseed meal to dairy cows injures them and is detrimental to the quality of the butter is not justified, according to specialists of the United States Department of Agriculture.

Cottonseed meal, it is said, may be fed for years to dairy cows in properly balanced rations with no ill effect. It contains the highest quantity of protein of all the cow feeds ordinarily found on the market. For that reason it is especially valuable as a means of balancing rations deficient in protein, when corn and corn products or other farm-grown feeds form a large proportion of the cow's feed. It should not be fed in excess at any time. As a rule, 2 to 4 pounds daily are to be considered a good feed in connection with other concentrates and roughage.

A feed sometimes sold on the markets of the South is called "cottonseed-meal feed," which is only a faulty ground mixture of cottonseed hulls and cottonseed meal, and its feeding value is usually very much lower than that of pure cottonseed meal. Prime or choice cottonseed meal analyzes approximately as follows:

Digestible Nutrients in Cottonseed Meal:

| | Per cent. |
|---------------|-----------|
| Crude Protein | 37.0 |
| Carbohydrates | 22.0 |
| Fat | 8.6 |

The cottonseed-meal feed, on the other hand, has no standard analysis and its feeding value depends entirely upon the amount of hulls used in the adulteration. It probably often contains as low as 15 to 20% crude protein and has not more than half the feeding value of choice meal.

Experiments in feeding of cottonseed meal to dairy cows have been conducted at the agricultural colleges of practically all the Southern States. They are unanimous in reporting that when fed in moderate quantities and in connection with other concentrates ordinarily available on the market, cottonseed meal is the cheapest source of protein to be had. At the South Carolina station, 5 to 6 pounds of cottonseed meal daily in connection with 25 to 30 pounds of corn silage were fed to dairy cows through a long period. The cows thrived and no ill effects from the feed were observed. In fact, they kept in remarkable good condition and were always ready for their feed.

The milk of cows heavily fed on cottonseed meal yields a hard, tallowy butter, light in color and poor in flavor. If, however, a moderate allowance is fed in a properly balanced ration, the quality is not impaired and may even be improved, if the other feeds tend to produce a soft butter.

Since cottonseed meal is a highly nitrogenous heavy feed, it should ordinarily be mixed with other feeds which are bulky and lower in crude protein. A good mixture is equal parts of cottonseed meal and corn and soy meal or cottonseed meal and wheat bran. It is not advisable to feed more than four or five pounds daily under any conditions, although much more has been fed without any perceptible bad effect on the animals. On account of its nutritive effect it is always best to feed it in connection with an ample quantity of succulent roughage, such as silage, roots, or green feeds.

YOU NEED A SPRING LAXATIVE

Dr. King's New Life Pills will remove the accumulated wastes of winter from your intestines, the burden of the blood. Get that sluggish spring fever feeling out of your system, brighten your eye, clear your complexion. Get that vim and snap of good purified healthy blood. Dr. King's New Life Pills are a non-gripping laxative that aids nature's process, try them to-night! At all druggists, etc. Advertisement.

If You Are Bilious

If you have suffered from this distressing disturbance, you know the symptoms all too well—loss of appetite, headache, dizziness, nausea and vomiting, sometimes meaning prostration for two or three days and the consequent loss of time from regular duties. See that it is really not a case of biliousness with different individuals, but there is really no occasion for them to occur at all. That old reliable household medicine, "L. F." Atwood's Medicine, taken in teaspoonful doses, morning and night, rarely fails to wholly prevent an attack of sick headache or biliousness. If this preventive measure has not been adopted, a deservingly painful when the first symptoms appear, will almost invariably ward off a severe attack. It may be obtained in large bottles, for thirty-five cents, or sample free for the asking. "L. F." Atwood Co., Portland, Maine.

Here's a Short Cut to Recovery

HERBICK & PARK Attorneys at Law, Bethel, Maine.

LUCIAN W. BLANCHARD,
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RUMFORD, MAINE.
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NORWAY, MAINE.
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QUARRIES, FACTORY LOCATIONS, MILL SITES, FARMS, SITES FOR SUMMER HOTELS AND CAMPS.

Located on the line of the **MAINE CENTRAL RAILROAD** give opportunity to those desiring to make a change in location for a new start in life.

UNDEVELOPED WATER POWERS, UNLIMITED RAW MATERIAL AND GOOD FARMING LAND Available.

Communications regarding locations are invited and will receive attention when addressed to any agent of the **MAINE CENTRAL**, or to **INDUSTRIAL BUREAU, MAINE CENTRAL RAILROAD, PORTLAND, MAINE.**

SECURITY INSURANCE COMPANY, NEW HAVEN, CONNECTICUT.

Assets Dec. 31, 1916.

| | |
|--------------------------------------|-----------------------|
| Real Estate | \$450,000.00 |
| Mortgage Loans | 429,100.00 |
| Stocks and Bonds | 2,220,250.00 |
| Cash in Office and Bank | 110,000.00 |
| Agents' Balances | 375,553.51 |
| Bills Receivable | 37,151.00 |
| Interest and Rents | 47,975.50 |
| All other Assets | 2,793.52 |
| Grand Assets | \$4,112,771.53 |
| Deficit Items not admitted | 26,568.10 |
| Admitted Assets | \$4,086,203.43 |
| Liabilities Dec. 31, 1916. | |
| Net Unpaid Losses | \$401,000.10 |
| Unearned Premiums | 2,251,308.50 |
| All other Liabilities | 40,181.60 |
| Cash Capital | 1,000,000.00 |
| Surplus over all Liabilities | \$3,385,112.83 |
| Total Liabilities and Surplus | \$4,086,203.43 |
| 40 11 - P | |

GLENS FALLS INSURANCE CO., GLENS FALLS, N. Y.

Assets Dec. 31, 1916.

| | |
|--------------------------------------|-----------------------|
| Real Estate | \$635,471.87 |
| Mortgage Loans | 1,320,000.00 |
| Collateral Loans | 200,000.00 |
| Stocks and Bonds | 3,000,000.00 |
| Cash in Office and Bank | 251,000.00 |
| Agents' Balances | 875,000.00 |
| Interest and Rents | 30,000.00 |
| All other Assets | 4,000.00 |
| Grand Assets | \$6,021,471.87 |
| Deficit Items not admitted | 2,000.00 |
| Admitted Assets | \$6,019,471.87 |
| Liabilities Dec. 31, 1916. | |
| Net Unpaid Losses | \$100,000.00 |
| Unearned Premiums | 2,500,000.00 |
| All other Liabilities | 200,000.00 |
| Cash Capital | 3,000,000.00 |
| Surplus over all Liabilities | \$3,219,471.87 |
| Total Liabilities and Surplus | \$6,019,471.87 |
| 40 11 - P | |

SPRING COLDS ARE DAM. OKROUS

Seasonal changes of temperature and weather bring spring colds with their attendant troubles. A dose of Dr. King's New Discovery is sure relief, this happy combination of antiseptic balsams cleanses the throat, soothes the inflamed membrane and what might have been a dangerous cold is broken up. Don't stop treatment when relief is first felt as a cold moved on to pneumonia. Take Dr. King's New Discovery till your cold is gone.

WHY NOT BUY IT IN MAINE?

POEMS WORTH READING

YOUR FLAG AND MY FLAG.

By Wilbur D. Nesbit

Your flag and my flag! And oh, how much it holds—
Your land and my land—secure within its folds!
Your heart and my heart beat quick at the sight;
Sun-kissed and wind-tossed, red and blue and white.
The one flag—the great flag—the flag for me and you—
Glorifies all else beside—the red, white and blue!

Your flag and my flag! And how it flies today
In your land and my land and half a world away!
Rose-red and blood-red the stripes forever gleam;
Sapphire and soul-white—the good forefather's dream;
Sky-blue and true blue, with stars to gleam bright—
The glorified golden of the day; a shelter through the night.

Your flag and my flag! To every star and stripe
The drums beat as hearts beat and fingers shilly pipe!
Your flag and my flag—a blessing in the sky;
Your hope and my hope—it never hid a lie!
Home land and far land and half the world around,
Old Glory bears our glad salute and ripples to the sound!

CHALLENGER.

By Hermann Hagedorn
America, America, where is your manhood gone?
Who taught your sons to brag and rue, who taught your sons to flout?
Who taught your sons to whine of peace with quaking coward knees,
And fling in pale to the wolves your hard-won liberties?

America, America, where is your glory fled?
What of the dreams, what of the deeds, what of the noble dead?
What of the words that flashed for you, what of the tongues that spoke?
What of the hearts that bled for you, what of the hearts that broke?
America, America, remember now your dead!
They cry to you across the night and will not be galled!
Arm, arm, arise, American! Oid on your sword words more!
The foe is at the harbor mouth, the foe is on your shore!

Awake, arise, America! What cries are in the air!
Hark, the clear word of Washington! The call of Lincoln there!
Cleveland, and there, John Hancock! There, Adams, Webster, Clay!
There Patrick Henry! There John Brown! There, Jackson, Lee, John Hay!
Arise, America! Your dead cry out to you, arise!
Grant, Schuyler, Marshall, Marston! The brave call and the wise!
Paul Jones, Decatur, Perry! McDonough of Champlain!
Arise, America, and stand! A race of men again!

You were not meant to cringe, you were not made to quail!
You were not made to lamp for men, to stare and gutter and fall!
By God, we did not give our blood to set your light on high!
Only to see a craven band stalkfully let it die!

No, by the God we honor! To Whom alone we bow!
We did not die for Freedom then, to let her perish now!
Arm, arm, arise America! Put by the craven dead!
We come, we come to the colors! We come, the indomitable dead!

Arm, arm, arise! For your dead cannot sleep in the old, grave ground!
Twenty crises, imperiled! And we stand up from the waves!
Muster the strength of the living! Ten to one are not!

Arm, arm, arise, America! Heart of my land, be firm!
An end of words and barriers! An end of sloth and shame!
Hark, how the old heroic ghosts so doubtless deeds testify:
If you are warriors, perish! But if you are men, then fight!

PATRIOTIC HYMN.
By John Greenleaf Whittier.
Our Father's God! From out where land

You Could Live on Less Than 7 Cents Per Day

According to science, the adult human body requires from 1,000 to 2,000 food units, or calories of heat and energy, in each 24 hours. One pound of white flour contains 1,635 calories, which means that to furnish your actual daily food requirement, it takes only about 1 1/2 lbs. of flour, which, even at the rate of \$11.00 per barrel, would cost less than 7 cents.

I don't recommend an all-flour diet—you want variety of course—but this shows you what you could do if necessary. When you think of the many ways to use white flour, its wonderful food value and low cost, you'll realize at once the wisdom of using more flour.

The kind of flour makes a difference, too. My favorite is William Tell. It's easy to handle, and it gives a flavor that makes everything taste just a little better.

Use WILLIAM TELL Flour

Sold under a triple guarantee—guaranteed under the Ohio Better Flour Label, by the United & Dark Company, who make it, and by the grocer who delivers it to you.

The centuries fall like grains of sand,
We meet today, united, free,
And loyal to our land and thee,
To thank thee for the era done,
And trust thee for the opening one.

Here where of old by thy design,
Thy fathers spoke that word of thine,
Whose echo is the glad refrain
Of freedom bold and falling chain,
To grace our festival time from all
The voices of earth our guests we call.

Do with us while the new world greets
The old world through all its streets,
Unveiling all the triumphs won
By art or toil beneath the sun;
And unto common good ordain
This ritualship of hand and brain.

Then who has here in Concord furled
The war flag of a gathered world,
Beneath our western skies fulfill
The Orient's mission of good will,
And faithful with love's golden honey,
Send back its argonauts of peace.

For art and labor met in truce,
For beauty made the bride of use,
We thank thee; but withal we crave
The austere virtues strong to save,
The honor proof to place or gold,
The manhood never bought nor sold.

O make thou us, through centuries long,
In peace secure, in justice strong;
Around our gift of freedom draw
The safeguards of thy righteous law;
And cast in some divine mold,
Let the new cycle shame the old.

THE LIBERTY BELL.

By Giff Alexander.
It is built without motion; a muck that knows lack;
A huge lump of metal; a bell with a crack;
A giant grows weakly; a day without noon;
A song lacking music; a tongue out of tune;
A tale still untold that it never can tell;
So why should we cherish the Liberty Bell?

It was molded in glory and hallowed by age,
It was loved by the patriot; blessed by the sage.
'Tis a composite poem by sentiment fed,
The glowing oration of millions now dead.
'Tis a song that we love and we know very well,
Like the flag 'tis a symbol—the Liberty Bell!

Forever vibrating with freedom it lives!
It gives what it getting; it gets what it gives.
The good it still praises; the bad it still blames;
And all the world over its message proclaims.
It speaks through our hearts! It is we who must tell
The world of the word of the Liberty Bell!

Moan's Liniment For Rheumatism

The tortures of rheumatism, the pains and aches that make life unbearable are relieved by Moan's Liniment, a clean clear liquid that is easy to apply and more effective than many plaster or ointments because it penetrates quickly without rubbing. For the many pains and aches following exposure, strains, sprains and neuralgias, Moan's Liniment is promptly effective. Always have a bottle handy for gout, lumbago, toothache, backache, stiff neck and all external pains. At druggists, etc.

The Citizen Office has a well equipped place and solicits your patronage.

FIRE WARDENS.

Those Recently Appointed in Oxford and Franklin Counties.

Hon. Forest H. Colby of Bingham, the State forest commissioner, today announced the appointment of the fire wardens for Oxford and Franklin counties as follows:

Silas F. Peaslee of Upton: Township three, ranges three and four; township two, range two; Rangeley Plantation; township four, Washington Plantation; Perkins; township D, range one; township E, township six, north of Weld; Sandy River; township A, range one; Andover North Surplus; Andover West Surplus; township C, C Surplus; township four, range one, two and three; Magalloway Plantation; Lincoln Plantation; township five, range three; townships four and five, range four; townships four and five, range five; township four, range six. C. C. Murphy of Rangeley: All unincorporated townships in the Maine Forestry District on Androscoggin water in Maine; Dallas Plantation. S. S. Lockyer of Berlin, N. H.: Maine Forestry District in Oxford, Franklin and Somerset counties.

Frank King of Oquossoc: All unincorporated townships in the Maine Forestry District on Androscoggin waters in Maine.

Deputy Wardens.
Isaac Raymond of Madrid: Letter E and No. 6, north of Weld.
Sidney C. Harlow of Rangeley: Sandy River Plantation.

G. E. Allen of Middle Dam: Letter C; townships four and five, range one, Oxford county.
C. D. Drenth of Ketchikan: Riley Plantation.

M. R. Hastings of Hastings: Batchelder's Grant.
Herman Blackwell of Dallas: Dallas Plantation.

J. Lewis York of Rangeley: West one half of Dallas; southwest part of Lang, southeast part of Davis.
D. E. Lamb of Rangeley: Township three, range one.

George E. Learned of Andover: C and C Surplus; Andover North and East Surplus.
B. H. Corey of Rangeley: Deputy under C. C. Murphy, chief warden.

Charles Hanton of Rangeley: Deputy under C. C. Murphy, chief warden.
W. A. Cobb of Wilson's Mills: Parkman; Lyack and Parker townships; Lincoln Plantation; township four, range five; township four, range six.

J. Claude Thomas of Sanford: Letter D; Letter E.
Dana Blodgett of Haines Landing: Deputy for the Rangeley Region; under C. C. Murphy, chief warden.

William Tibbets of Rangeley: Township three, range two; township three, range three; township three, range four; township four, range four.
Charles Nile of Dallas: Dallas Plantation.

THE RIDGELY PROTECTIVE ASSOCIATION, WORCESTER, MASS.

Assets Dec. 31, 1916.

| | |
|--------------------------------------|---------------------|
| Stocks and Bonds | \$100,000.00 |
| Cash in Office and Bank | 57,000.00 |
| Interest and Rents | 9,100.00 |
| Grand Assets | \$166,100.00 |
| Deficit Items not admitted | 30,000.00 |
| Admitted Assets | \$136,100.00 |
| Liabilities Dec. 31, 1916. | |
| Net Unpaid Losses | \$75,000.00 |
| Unearned Premiums | 45,000.00 |
| All other Liabilities | 12,000.00 |
| Cash Capital | 100,000.00 |
| Surplus over all Liabilities | \$104,100.00 |
| Total Liabilities and Surplus | \$136,100.00 |

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CARE OF THE SITTING HEN.

The sitting hen, which is used most generally for incubation purposes on the farm should receive a certain amount of care and attention during the process of hatching eggs. To a great extent the care given a sitting hen plays an important part on the number and condition of the chicks when hatched. With this end in view, the poultry specialists of the U. S. Department of Agriculture make the following suggestions:

If several hens are sitting in the same room, see that they are kept on the nests, allowing them to come off only once a day to receive feed and water, or both. If there are any that do not desire to come off themselves, they should be taken off. Hens usually return to their nests before there is any danger of the eggs chilling, but if they do not go back in half an hour in ordinary weather, they should be put on the nest. Where a large number of sitters are kept in one room it is advisable to let them off in groups of from 4 to 6 at a time. The eggs and nests should be examined and cleaned, removing all broken eggs and washing those that are soiled; in the latter case the soiled nesting material should be removed and clean straw added. Nests containing broken eggs that the hen is allowed to sit on soon become infested with mites and lice, which cause the hens to become uneasy and leave the nest, often causing the loss of valuable sittings of eggs. In mite-infested nests, the hen, if fastened in, will often be found standing over rather than sitting on the eggs. Many eggs that are laid in the late winter and early spring are infertile. For this reason it is advisable to set several hens at the same time. After the eggs have been under the hens from 5 to 7 days, the time depending somewhat on the color and thickness of the shells—white-shelled eggs being easier to test than those having brown shells—they should be tested, the infertile eggs and dead germs removed, and the fertile eggs put back under the hen. In this way it is often possible to put all the eggs that several hens originally started to sit on under fewer hens and reset the others. For example, 20 eggs are set under 2 hens at the same time, 10 under each. At the end of 7 days we find on testing the eggs from all the hens that 10 are infertile, which we do by putting them under 2 hens, and have the remaining hen sit over again after she has sat only 7 days. In this way considerable time can be saved in one's hatching operations.

TESTING EGGS FOR FERTILITY.

An egg, whether impregnated or not, has a small grayish spot on the surface of the yolk known as the "germinal spot." As soon as a fertile egg is placed under a hen, or in an incubator, development begins. All eggs should be tested at least twice during the period of incubation, preferably on the seventh and fourteenth days, and the infertile eggs and dead germs removed. While eggs can be tested on the fourth or fifth day, while the development in eggs having brown shells often can not be seen by the use of an ordinary egg tester until the seventh day. Dead germs soon decay and give off a bad odor if allowed to remain under the hen. Infertile eggs make good feed for young chickens, and are often used in the home for culinary purposes. Most incubator companies furnish testing chimneys with their machines which will fit ordinary lamps. Electric or gas lamps may be used in a box with a hole slightly smaller than an egg cut in the side of the box and at the same level as the light. They may also be tested by sunlight, or daylight, using a shutter or curtain with a small hole in it for the light to shine through.

A good homemade egg tester, or candler, can be made with a large shoe box, or any box that is large enough to go over a lamp, by removing the end and cutting a hole a little larger than the size of a quarter in the bottom of the box, so that when it is set over a kerosene lamp the hole in the bottom will be opposite the flame. A hole the size of a silver dollar should be cut in the top of the box to allow the heat to escape.

The eggs are tested with the large end up, so that the size of the air cell may be seen as well as the condition of the embryo. The testing should take place in a dark room. The infertile egg when held before the small hole with the lamp lighted inside the box will look perfectly clear, the same as a fresh one, while a fertile egg will show a small dark spot, known as the embryo, with a mass of little blood veins extending in all directions. If the embryo is living; if dead, and the egg has been incubated for at least 10 hours, the blood settles away from the embryo toward the edges of the yolk, forming in some cases an irregular circle of blood, known as a blood ring. Eggs vary in this respect, some showing only a streak of blood. All infertile eggs should be removed at the first test. The eggs containing

WHAT CAN THE FARMER DO TO HELP NEW ENGLAND?

Farmers throughout New England want to "do their bit." How can they best do this? They can co-operate to the greatest extent in the matter of Preparedness, by planting the largest possible acreage of staple food crops this year. Without question THIS COUNTRY should furnish as much food as possible to its Allies in Europe who are now at war. NEW ENGLAND must therefore produce more than heretofore, or possibly find itself in actual want.

The beginning of the war found England and Wales with 40.8% of the land in pasture, whereas in Germany only 3.2% was devoted to such uses. In England and Wales 69 acres in every 100 were in grass and clover, whereas in Germany the number of acres devoted to these crops was only 25 in every 100. Had it not been for this Germany could not now be feeding her people. New England and the whole country should profit by these facts.

The following are a few suggestions to the farmers of New England, which we feel will be acceptable at this time: Grow cereals and those crops which can be dried or stored throughout the winter. THIS IS urged particularly for the reason that there is likely to be a shortage of cans for domestic canning purposes.

Grow to full maturity and in large quantities all varieties of beans. Grow all varieties of beans. (The following are recommended by practical growers.)

Early Bush—like Bountiful Early. Late Bush—like Refugee. Pole Beans—like Kentucky Wonder; Pole Horticultural.

Field Beans—like Kidney, Pea, Yellow Eye, and Bush Horticultural. Where threshing machines are obtainable, sow Spring Rye on the lighter sandy or gravelly loam soils. This crop should be followed by another crop of Winter Rye, to be sown from the middle of August to the 10th of September.

On heavier soils sow Spring Wheat, Oats, and Barley, to be followed by Winter Wheat, particularly in Southern New England. On lighter, poorer soils Barley can be grown to advantage, allowing it to ripen its seed, to be used as buckwheat flour and for poultry food. Plant snowflours in all waste places for seed purposes. The seed is rich in oil and an excellent poultry food. By these means more wheat, corn, and rye can be conserved for human food.

In all of New England, Oats, Barley, and Wheat can be sown to advantage. If Barley and Wheat are grown on acid soils, the land must be limed as well as fertilized. Oats succeed fairly well on acid soils, and Rye and Indian Corn even better. In Central and Southern New England raise all the Flint Field Corn which can be produced. In the event of a shortage of food, corn meal will be a very important staple.

(NOTE.)—We earnestly urge in planting corn that the seed of each ear be tested before planting, to guard against mixing or weak stalks; and that in planting potatoes the seed be treated with corrosive sublimate solution or formalin before cutting, to prevent rot. Early and thorough spraying with combined insecticide and fungicide to destroy insects and to prevent blight should not be neglected. Fertilizer should be used, to feed the crops and hasten maturity.

Our object is to urge the farmers to grow staple products for next winter, leaving the growing of more perishable vegetables to others. Farmers can grow onions, potatoes, parsnips, carrots, beets, cabbage, turnips, squash, and similar crops to advantage, all of which can be stored successfully for the greater part of the winter.

The Agricultural Committee of the Boston Chamber of Commerce is making well and will make every possible effort to co-operate with the federal and state governments, transportation lines, and other agencies regarding the distribution of farm products and all other questions affecting the farmer's success in this movement for larger crops. From all the statistics obtainable the above mentioned farm products will be needed and needed badly. For further information confer with your County Farm Bureau. If there is not one in your county, write to us if we can help.

The important thing is to "get busy." **BOSTON CHAMBER OF COMMERCE**
Agricultural Committee
Boston, Massachusetts

strong, living embryos are dark and well filled up on the fourteenth day, and show a clear, sharp, distinct line of demarcation between the air cell and the growing embryo, while dead germs show only partial development, and lack this clear, distinct outline.

Greater safety lies in leaving foot prints on the roads of time than on the soil near the neighbor's poultry roost.

The Ri Does Knife ham?

Doctor S

Richmond female trouble with my handi doctor said he thought I would asked me to be taken in street work, and rals enough in pml M. O. Johnson

If you want surgical ope this, but the amply prove medicine in

If you want cine Co. (conf read and ans

RAISING

The King

By G. I

The turkey may king of all poultry to general use fo for holiday feasts. len's best contribu domestic fowls.

Turkey raising specially and regul system from that domestic fowls, by not such as should from making an With a little study needs together with they should make on the average far FAVORABLE N

Turkeys adapt to various climates successfully in any try. But they are when the land is soil not damp no there is plenty of them. The naturary since they murely in the open.

The common var this country are gassett, White H and Bourbon Red.

By far the mos be the Bronze, whi Black (the Egglie with the original country. The Bro and perhaps the hstles. Next to it next to it in popl Narragansett—al American will tur Mexican will tur ing the mixture of and black plumage.

To start right t stock is of the gre turkey raising. C sure to mean desc foot vigorous mcl ing each with alon never using the s those that are unu sure away; that strong and vigor breeders consider a good proportion t year old hens make than the younger fo larger and peack f Turkey stock quic feet from inhered way in keep up the or of the birds is ones.

Timbered lands, much underbrush, le log young poeils. f the grass is short an Savoca to be picke A flock of turkeys

Too Many Operations

The Right Medicine in Many Cases Does Better than the Surgeon's Knife. Tribute to Lydia E. Pinkham's Vegetable Compound.

Doctor Said Operation or Death—But Medicine Cured.

Des Moines, Iowa.—"My husband says I would have been in my grave today had it not been for Lydia E. Pinkham's Vegetable Compound. I suffered from a serious female trouble and the doctors said I could not live one year without an operation. My husband objected to the operation and had me try Lydia E. Pinkham's Vegetable Compound. I soon commenced to get better and am now well and able to do my own housework. I can recommend Lydia E. Pinkham's Vegetable Compound to any woman as a wonderful health restorer."—Mrs. BLANCH JEFFERSON, 703 Lyon St., Des Moines, Iowa.

Another Operation Avoided.

Richmond, Ind.—"For two years I was so sick and weak from female troubles that when going up stairs I had to go very slowly with my hands on the steps, then sit down at the top to rest. The doctor said he thought I should have an operation, and my friends thought I would not live to move into our new house. My daughter asked me to try Lydia E. Pinkham's Vegetable Compound as she had taken it with good results. I did so, my weakness disappeared, I gained in strength, moved into our new home, do all kinds of garden work, and raised hundreds of chickens and ducks. I cannot say enough in praise of Lydia E. Pinkham's Vegetable Compound."—Mrs. M. O. JOHNSON, Route 2, Box 190, Richmond, Ind.

Of course there are many serious cases that only a surgical operation will relieve. We freely acknowledge this, but the above letters, and many others like them, amply prove that many operations are recommended when medicine in many cases is all that is needed.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

RAISING TURKEYS.

The King of Poultry.

By G. E. Conkey.

The turkey may well be called the king of all poultry, for it has come into general use for Thanksgiving and for holiday feasts. It is one of America's best contributions to the list of domestic fowls.

Turkey raising is something of a specialty and requires a little different system from that of raising ordinary domestic fowls, but this difference is not such as should discourage anyone from making an attempt with them. With a little study of their habits and needs together with good common sense they should make a profitable side line on the average farm.

FAVORABLE NATURAL CONDITIONS.

Turkeys adapt themselves easily to various climates and can be raised successfully in any part of the country. But they unquestionably do best when the land is well drained, the soil not damp nor heavy and when there is plenty of natural shelter for them. The natural shelter is necessary since they must live almost entirely in the open.

VARIETIES.

The common varieties of turkeys in this country are the Bronze, Narragansett, White Holland, Black, Slate and Bourbon Red.

By far the most popular seems to be the Bronze, which is a cross of the Black (the English Norfolk turkey) with the original wild bird of this country. The Bronze is the largest and perhaps the hardiest of all the varieties. Next to it in size, probably next to it in popularity also, is the Narragansett—a cross with the American wild turkey, but with some Mexican wild turkey blood added, giving the mixture of white in the bronze and black plumage.

THE GOOD STOCK.

To start right with good, healthy stock is of the greatest importance in turkey raising. Carelessness here is sure to mean discouraging results. So select vigorous males and females mating each with about five mature hens, those that are unsuitably large. Make sure always that the hens are also strong and vigorous. Some successful breeders consider eight to twelve hens a good proportion to each tom. Two year old hens make better breeders than the younger females, the egg being larger and points from their stronger.

Turkey stock quickly shows bad of feet from inbreeding and the only way to keep up the constitutional vigor of the birds is to introduce new ones.

Timbered lands, where there is not much underbrush, is the best for raising young turkeys. Pasture land, where the grass is short and there is plenty of weeds to be picked up is also good. A flock of turkeys would benefit any

farm by the amount of worms, grasshoppers, etc., thus destroyed. The turkey is still half wild and will not thrive under the conditions that are ordinarily successful with the domestic fowls. They grow very nervous and restless when too closely confined. If you are in the business for profit, the right way is to give the turkeys plenty of good range, where they can get abundant natural food by foraging for themselves.

RAISING POULTRY.

In raising poultry give them a good start by having them free from vermin. Don't let them get chilled either by exposure to bad weather or by running out in the wet grass early in the morning. Feed often, say every two or three hours, but only a little at a time. Methods of feeding commonly employed with chicks should be found quite satisfactory. A well prepared chick feed is good. Have a part of the ration consist of finely cracked grain giving this in a litter of some kind to induce exercise. After the first few days supply finely cut green food if the poultry are not running on the grass.

Grain and charcoal should be before them all the time—this is always necessary with any kind of poultry. Water must be where they can help themselves but it should be in a fountain such as will protect the young poultry from getting wet. Turkeys should always have a good supply of water.

When the poultry are old enough to run they thrive best on woodland range where they will not get tangled in wet grass and are able to pick up most of their living.

TO PATTEN FOR MARKET.

Give the turkeys free range, if possible, else they will fret. At night feed them all the whole corn they will eat. In the morning give them a mixture as follows:—Six parts cornmeal, three parts millfeed, one part meat scrap, mixed with sour skim milk or buttermilk. Do not let this get too soft and sticky, but make a good stiff mixture. Where the fattening takes in only a short period, the mash might also be given to advantage at noon and evening of the birds are young enough all the time.

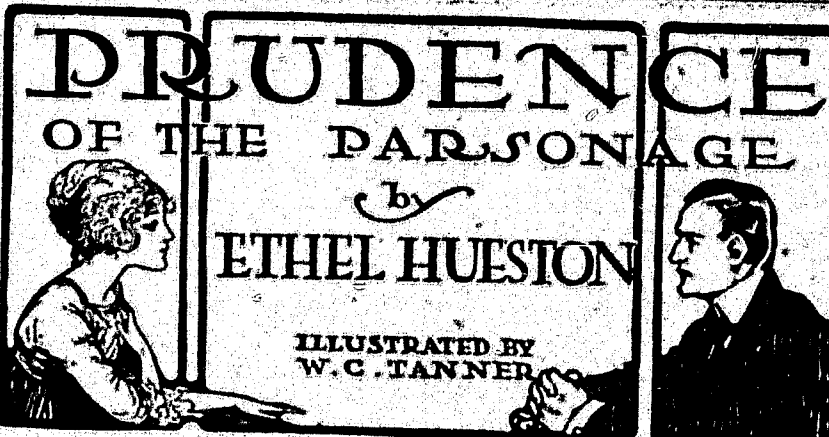
GOOD BREEDING RATIOS.

A good breeding season ration is made by mixing equal parts by weight of ground oats, cornmeal, wheat bran, wheat millfeed, meat scrap and sour skim milk. Oats is the best all around grain at feeding time. During breeding season turkeys should always be given free range and allowed to follow their natural instincts as much as possible.

Allen's Foot Ease for the Troops.

The antiseptic powder to be shaken into the shoes or used in the foot bath.

Young Men in every community are using Allen's Foot Ease in their drills for Military Preparedness. Used by the Allied, French and English troops because it keeps the feet, takes the friction from the shoe and makes walking easy.—Adv.



ILLUSTRATED BY W. C. TANNER

(Copyright by the Bobbs-Merrill Company.)

PRUDENCE OF THE PARSONAGE

By ETHEL HUESTON

SYNOPSIS.

CHAPTER I.—Prudence Starr, eldest of five motherless girls, comes to the Methodist parsonage at Mount Mark, as house mother for her father, the Methodist minister.

CHAPTER II.—The girls entertain a visiting minister at luncheon, to his discomfort. Carol, one of the twins, rides the family cow with disastrous results.

CHAPTER III.—Prudence and Fairy receive the Ladies Aid society while Lark, Carol and Connie practice modeling in mud on the dining room table.

CHAPTER IV.—The twins prepare Conscience for initiation into their private secret society with results unexpected to themselves.

CHAPTER V.—When Fairy entertains Eugene Hester in the evening, the twins convince Prudence that etiquette has small place in the Starr family.

CHAPTER VI.—Connie practices economy by borrowing from one of the trustees to buy a new cloak and unconsciously teaches the church pillars a lesson.

CHAPTER VII.—Connie captures a "star" and wins \$50 reward.

CHAPTER VIII.—Prudence takes an early morning bicycle jaunt and rides into a mud, a sprained ankle and a reminder of the light of romance is Jerrid Harmer.

CHAPTER IX.—When Prudence is brought home Father Starr reads the Bible and awakens her to her duties and his own heart is heavy.

CHAPTER X.—Jerrid visits the parsonage and frankly tells Mr. Starr he intends to win Prudence.

CHAPTER XI.—After a golden summer Prudence contents to marry Jerrid only to send him away for ever the next morning when she remembers her duty to her father and sisters.

"Oh!" Fairy's voice was noncommittal. "When is he coming back?" "He isn't coming back. Please hurry, Fairy, and call the others. The oatmeal is ready."

Fairy went soberly up the stairs, ostensibly to call her sisters.

"Girls," she began, carefully closing the door of their room behind her. "Jerry has gone, and isn't coming back any more. As for goodness sake, don't keep asking questions about it. Just eat your breakfast as usual, and have a little talk."

"A lovers' quarrel," suggested Lark, her eyes glittered greedily.

"Nothing of the sort. And don't keep staring at Prue, either. And do not keep talking about Jerry all the time. You mind me, or I will tell papa."

"That's funny," said Carol thoughtfully. "We saw him kissing each other like that in the back yard last night—and this morning he has gone to return no more. They are crazy."

"Kiss! In the back yard! What are you talking about?"

Carol explained, and Fairy looked still more thoughtful and perturbed.

She opened the door, and called out to them in a loud and breezy voice: "Hurry, girls, for breakfast is ready, and there's no time to waste in a parsonage on Sunday morning." Then she added in a whisper, "And don't you mention Jerry, and don't ask Prudence what makes her so pale, or you'll catch it!"

Then she went to her father's door. "Breakfast is ready, p. pa," she called clearly. She turned the knob softly, and peeped in. "May I come in a minute?" Standing close beside him, she told him all she knew of what had happened.

"Prudence is ghastly, father, just ghastly. And she can't talk about it yet, so be careful what you say, will you?"

And it was due to Fairy's kindly admonitions that the parsonage family took the departure of Jerry so calmly. That was the beginning of Prudence's bitter winter, when the brightest sunshine was cheerless and dreary, and when even the laughter of her sisters smote harshly upon her ears. She tried to be as always, but in her eyes the wounded look lingered, and her face grew so pale and thin that her father and Fairy, anxiously watching, were filled with grave concerns. She remained almost constantly in the parsonage, reading very little, sitting most of her leisure time staring out the windows.

Fairy had tried to win her confidence, and had failed.

"You are a 'silly,' Fairy, but I really do not want to talk about it. Oh, no, indeed, it is all my own fault. I told him to go, and not come again. No, you are wrong, Fairy, I do not regret it. I do not want him to come any more."

Mr. Starr, too, had tried. "Prudence," he said gently, "you know very often men do things that to women seem wrong and wicked. And maybe they are! But men and women are different by nature, my dear, and we must remember that. I have satisfied myself that Jerry is good, and clean, and modest. I do not think you should let any foolishness of his in the past come between you now."

"You are mistaken, father. Jerry is all right, and always was, I am sure. It is nothing like that. I told him to go, and not to come again. That is all."

"But if he should come back now—"

"It would be just the same. Don't worry about it, father. He's all right."

"Prudence," however, more tenderly, "I have been thinking of what he said. He said he would never see you again. He said he would never see you again. He said he would never see you again."

the big maple, didn't we, Lark?" Then

"Did you send him anything, Prue?" Prudence hesitated, and answered without the slightest accession of color. "Yes, Carol. I had my picture taken when I was in Burlington, and sent it to him."

"Your picture! Oh, Prudence! Where are they? Aren't you going to give us one?"

"No, Carol. I had only one made—for Jerry. There aren't any more."

"Well," sighed Lark resignedly, "it's a pretty idea for my book, anyhow."

From that day on Prudence always wore the sparkling ring—and the women of the Methodist church nearly had mental paralysis marvelling over a man who gave a diamond ring and never came a-wooing! And a girl who accepted and wore his offering, with nothing to say for the man! And it was the consensus of opinion in Mount Mark that modern lovers were mostly crazy, anyhow!

And springtime came again.

Now the twins were always original in their amusements. They never followed blindly after the dictates of custom. And when other girls played "catch" with dainty rubber balls, the twins took unto themselves a big and

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door of the dungeon, and Prudence sitting place! So she turned in a once, and in the farthest and darkest corner, she knelt on the hard floor and prayed, and sobbed herself to sleep.

Lark remained loyally with Carol until consciousness returned to her. As soon as she was able to walk, the two went silently to the barn, and climbed into the much-loved haymow. There they lay flat on the hay, faces downward, each with an arm across the other's shoulder, praying fervently.

After a time they rose and crept into the house where they waited patiently until Fairy came down on one of her numerous errands.

"Is she better?" they whispered. And Fairy answered gently, "I think she is a little better." Then the twins, in no way deceived, went back to the haymow again.

Fairy prepared a hearty supper, and arranged it on the kitchen table. She drank a cup of hot coffee, and went in search of her father. "Go and eat, daddy," she urged. But he shook his head.

"I am not hungry, but send the girls to the table at once."

On their next trip into the house, Fairy stopped the twins. "Get Connie and eat your supper. It's just a cold lunch, and is already on the kitchen table. You must help yourselves—I can't come now."

The twins did not speak, and Fairy went hurriedly up the stairs once more. "I do not think I can eat," said Carol. "We'd better take away about half of this food, and hide it. Then she will think we have already eaten."

This novel plan was acted upon with promptitude and the twins went back to the haymow. When it grew dark they slipped into the kitchen and hid, tied together on the woodbox beside the stove. And down to them presently came Fairy, snuffing, her eyes tear-brightened.

"She is better!" cried Carol, springing to her feet.

"Yes," said Fairy, dropping on her knees and burying her face in Lark's lap, as she still sat on the woodbox. "She's better. She is better." Lark patted the heaving shoulders in a motherly way, and when Fairy lifted her face again it was all serene, though her lashes were wet.

"She is conscious," said Fairy, still on her knees, but with her head thrown back, and snuffing. "She regained consciousness a little while ago. There is really nothing serious the matter. It was a hard knock, but it missed the temple. When she became conscious, she looked up at father and smiled. Father looked perfectly awful, twins, so pale, and his lips were trembling. And Prudence said, 'Now, father, on your word of honor, did you knock me down with that ball on purpose?' She spoke very low and weak, but—just like Prudence! Father couldn't say a word; he just nodded, and gulped. She has a little fever, and the doctors say we may need to work with her part of the night. Father said to ask if you would go to bed now, so you can get up early in the morning and help us. I am to stay with Prudence tonight, but you may have to take turns in the morning. And you'll have to get breakfast, too. So father thinks you would better go to bed. Will you do that, twins?"

"Will we?" And Carol added, "Will you kiss Prudence good night for us, and tell her we kept praying all the time? Prudence is such a great hand for praying, you know."

Fairy promised, and the twins crept upstairs. It was dark in their room. "Well! Undress in the dark so as not to awake poor little Connie," whispered Lark. "It's nice she can sleep like that, isn't it?"

And the twins went to bed, and fell asleep after a while, never doubting that Connie, in her corner of the room, was already safe and happy in the oblivion of slumber.

But poor Connie! She had not wakened when Fairy closed the dungeon door. It was long afterward when she sat up and began rubbing her eyes. She did not know where she was. Then she remembered! She wondered if Prudence—she scrambled to her feet, and trotted over to the dungeon door. It was locked; she could not turn the knob. At first she thought of screaming and pounding on the door.

"But that will arouse Prudence, and frighten her, and maybe kill her!" she thought wretchedly. "I'll just keep still until someone passes."

But no one passed for a long time, and Connie stretched her aching body and sobbed, worrying about Prudence, fearful on her own account. She had no idea of the time. She supposed it was still early. And the parsonage was deathly quiet. Maybe Prudence had slipped! Connie verified in agony on the hard floor, and gnashed bitterly. Still she would not rattle pounding on the dungeon door.

Upstairs, in the front room, Prudence was wrestling with fever. Higher and higher it rose, until the doctors looked very anxious. They held a brief consultation in the corner of the room. Then they beckoned to Mr. Starr.

"Has Prudence been worrying about something this winter?"

"Yes, she has."

"Is it that young man, isn't it?" inquired the family doctor—a Methodist member.

"Yes."

"Can you bring him here?"

"Yes—so soon as he can get here from Des Moines."

"You'd better do it. She has been herself down nearly to the point of prostration. We think we can break this fever without serious consequences, but we must have the young man here."

"I'll do it," said Prudence, and she went down to the front room.

"You're coming?"

"Yes, I'm coming."

"You're coming?"

"Yes, I'm coming."

"You're coming?"

"Yes, I'm coming."

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GRANGE NEWS.

Continued from page 1.

1st Scene, a tableau, Mother Maine and the State Seal.

2nd scene, the reception. Entrance, song, (original).

The feature included countries of Maine and representatives from official circles and grandchildren. A real tribute to Maine.

Capt. Jackson: "The Grange," with Mr. and Mrs. Way.

Back among the spectators. About there were several kinds of animals (stuffed) and clowns too. Ida Merrill played.

Capt. Abbott: A drill by volunteers, with Uncle Sam approving. A new poem by Mrs. Anna Goodwin, preceded the tableau, which was followed by an illustrated patriotic song.

Barbara, America. Capt. Jackson: Easter Recreations.

Tableau, "Bells of Easter," with song, "Easter Bells," and angels at back of stage. Entrance, Hester Hyman, and a reading. A fine production.

Capt. Abbott: George Paper, the official Grange Organ. "Grange's Waste Basket." Rt. Honorable, Mrs. Beale Deane and Mrs. Hester Hyman. A great many subjects were touched upon which were of much interest.

Barbara, "The Visiting Woman Minister."

Capt. Jackson: Illustrations of songs, sayings, and people in several miniature tableaux.

Edith Knightly, reader, came. Musical speaking to pantomime. Edith Knightly, reader.

Capt. Abbott: Four tableaux—inspired on the "Book of Ruth," which embodied the true story of "The Grange." The tableaux were: "The Grange," "The Grange," "The Grange," "The Grange."

"Hanging in the Grange," "The Grange," "The Grange," "The Grange."

The sick were reported as comfortable. The worthy lecturers announced that the worthy state lecturer, C. F. Perkins, would meet with Norway Grange on May 20. Further notice will be given in regard to arrangements.

The next meeting will be on April 28, as all day session, picnic dinner. The first and second degrees will be conferred in the forenoon. Meeting to open at 10 A. M. Minutes read and approved. Closed in form.

A communication was also read in regard to "Bird Houses," and offering of prizes connected therewith. Oxford Grange meets with Pleasant Valley Grange, May 1.

BETHEL GRANGE.

Bethel Grange held its regular meeting Apr. 12. Officers absent at roll-call were: Treasurer, Chaplain and Lady Assistant Steward. It was voted to co-operate with Mr. Byram in regard to the Boys' and Girls' Clubs and to extend the use of the hall in all possible ways. The following program was given:

Opening Song. Choir Topic—"Are we raising potatoes to the exclusion of other more profitable crops?" Opened by Levi Bartlett and Byron Cummings.

Best Preparation for Spraying. Horace Mason. Ida Packard.

Reading. "To what extent can lime be profitably used upon the farm?" Discussed by A. P. Copeland, Levi Bartlett, Byron Cummings.

Reading. Mary Allen. Lizzie Morse.

Bean contest in charge of Mrs. Morse. Ida Packard won the prize.

Closing Piece, "Star Spangled Banner."

The next meeting will be April 26.

WEST TARRS GRANGE.

West Tarrs Grange held on all day meeting, Saturday. A box dinner was enjoyed at noon. On account of the bad travelling and other conditions the attendance was rather small but the meeting proved very interesting.

Patriotic music was interspersed throughout the program. The worthy Master, Adney R. Tuell, read the story of the flag and suggested that if the Grange men of the Grange would erect the flag pole that he would present the Grange a nice flag. The Grange gave a salute to the flag and for the boys that were soon to leave for the navy.

Hill said, "What shall I plant and grow for the county exhibit?" Topic, "Home mistakes I made in my farming last year," by the Brothers. "Some mistakes I made with my hens and raising early chickens and such in the garden," by the Sisters.

DR. HALL'S HOUSEHOLD OINTMENT. It is used for the prompt relief of sprains, cuts, bruises, burns, etc. It stops the pain and the swelling and brings down the heat and redness. It is recommended by physicians and is sold by druggists and by the proprietors, Dr. J. C. Hall and Dr. J. C. Hall, Adams, N. Y.

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GOOD YEAR NEEDED BY POTATO GROWERS.

Average Price During Term of Years Shows Grower Finds High Market Rarely.

Some have branded the present price of potatoes as a conspiracy either by the growers or the middlemen. True it is that potatoes are bringing a greater price today than in any year since the Civil War, but that there is a conspiracy does not seem to be borne out by the facts, for there seems to have been a combination of circumstances that has produced the situation to make the lowly tuber a luxury. First there was a light crop last year except in the Aroostook, where weather conditions favored the growing of the crop; secondly, there was the damage to the crop after it had matured on the field; thirdly, inability to import stock; fourthly, the recent destruction of the greater part of the Southern crop; fifthly, ear short-

age. New York is usually the banner potato state, but last year its crop fell off about fifty per cent, and was not much larger than the Aroostook crop that totaled 28,000,000 bushels. These are a few of the reasons why the Maine potato grower, and especially the grower in the Aroostook, may be classed among the nabobs.

Are the growers entitled to the well nigh prohibitive prices? Should they market the potatoes at a fair rather than a fictitious value? To answer these questions C. E. Embree, who is well known as the promoter of the Farmer's Union in Maine, has contributed an article for the press, in which he asserts that the business of growing potatoes has been less attractive every year, thus causing the acreage to be smaller every year. In order to ascertain how much money the farmer has made in growing potatoes he goes back twenty-two years and gives the net price paid the farmer in the following table:

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The foregoing prices were paid the farmer for barrels containing 105 lbs. or 11 pecks, and if you will take the trouble to add the last column you will find that the farmer received an average of \$1.50 per barrel, or 54 cents the bushel, and if we eliminate the high price of this season we shall find that the average is but \$1.30 per barrel, or 45 cents the bushel, which is 15 cents below the value placed by most authorities. From this Mr. Embree concludes:

The farmer must feed the nation and the man who neither sows nor reaps nor takes from the mine and the sea the wealth therein must pay the bill and the amount he pays must be sufficient to remunerate the man who tills the soil, for the capital and labor invested. That the farmer has not been sufficiently remunerated the proof is in the fact that the farmers' boys and girls have left the farms for the city. Many of them are working in a mill at \$3.50 per day and calling it better than farming.

In proof of what is taking place it is only necessary to point out one or two cases among the many. New York state has 10,000,000 inhabitants and 8,500,000 live in cities. If farming is not made more prosperous and the farmer placed in a position to enjoy some of the privileges of modern life the time is not far distant when the city consumer will not be asking the farmer how much will you take, but where can we get it at any price.

Taking the years as they pass we find that the United States does not raise sufficient potatoes to feed the nation. Four years ago we imported 12,000,000 bushels and would be importing this year were it not for the war, and therefore the war and poor transportation facilities have caused the unusual high price. The high price of this year is in favor of the city consumer, for they will have a tendency to increase the acreage of 1917 and bring back normal conditions.

The earth is often designated as "the" because no man knows the age thereof.

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1912 2.50 2.75
1913 1.05 0.90
1914 1.45 1.35
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PATRIOTIC NOTES.

The first demonstration of patriotism was shown in the village last Friday afternoon when a number of people turned out to escort the boys who had enlisted to the station. A fine and drum corps headed the procession which formed in front of the post office and with flags flying the boys were given a good send off.

The boys from the Academy who went were: Herbert Benn, Edwin Wilson, Vivian Hutchins, and the others were: Winifred Howe, Ara Burgess, Albert Silver, Leslie Coburn and Vernon Judkins. All of these have joined Company D at Norway. Robert Mills joined his company at Rumford on Saturday.

CO. D.

1st Lieut. Swett, Guy I.
2nd Lieut. Wilson, John E.
1st Sergt. Peterson, Benedict L.
Mess Sergt. Dyer, Gerald E.
Supply Sergt. Wing, Gerald E.
Sergt. O'Brien, Francis M.
Sergt. Brackett, Albert G.
Sergt. Blaquiere, Arsene G.
Sergt. Siles, Jesse
Sergt. Jacobs, Ralph W.
Sergt. McInley, George W.
Corp. Dunn, Elmer W.
Corp. Whitman, Lester L.
Corp. Carroll, Francis M.
Corp. Foster, Arthur S.
Corp. Snow, Albert G.
Corp. Powers, James A.
Corp. Walker, Ernest A.
Corp. Ash, William M.
Corp. Lewis, Wilbur
Cook, Benn, Maurice P.
Cook, Andrews, Edgar W.
Musician, Cockburn, David H.
Musician, Gates, Chester
Mechanic, Cash, Albert B.
Privates, First Class

Carroll, Linwood
Child, Elmer W.
Cox, Lewis M.
Hall, William H., Jr.
Herrick, Nathan H.
Johnson, George E.
Leavell, Joseph P.
Mott, Ernest J.
McAllister, Gerald E.
McAllister, Luella
Smith, Erlon C.
Stiles, Fred
Vigue, Louis N.

Bradbury, Henry V.
Dunton, Archie
Downing, Wilbur S.
Gowell, Lewis D.
Lopeman, Edward
Swan, Walker A.
Worthen, Albert S.
Ripley, Alton L.
Bennett, Lester
Gingell, Harold P.
Duly, George
Judkins, Vernon E.
Paradis, Archie
Bryant, Charles
Herrick, Royal
Aspinwall, John S.
Pinger, Albert P.
Klain, Peter W.
Thompson, Albert
Barker, Willie L.
Howe, Winifred S.
Bryant, George W.
Thibodeau, William H.
Burgess, Ara P.
Eagle, John D.
Hutchins, Vivian F.
Silver, Albert J.
Bran, Herbert R.
Coburn, Lester
Bennett, William S.
Lowell, Eugene P.
Roberts, Joseph
Tibbette, William G.
Valley, Joseph, Jr.
Valley, Oscar
Wilson, Edwin L.
Woodworth, Herbert

The boys rather enjoy the life so far as is shown by the following letters:

"Norway, Maine, April 18, 1917.
"Dear Mother:
"Well here I am, all safe and sound as far as I know. I have just finished my Federal Service Exam, and don't know whether I got by or not. Am getting on here, got my uniform on; it makes me feel like everybody was looking at me. We are taken good care of and feel well, all we want to eat, but not a great variety, though good such as it is. I wish I knew if I passed the Exam—there's a Regular U. S. Army Doctor here and believe me it's a merry song and dance he put us through. We get drill twice a day, from 8 to 11 and 1 to 3 every day and these that are late to roll call have to do kitchen, police and work at that kind. Well it's most dinner time. Will have to sleep for this time. Don't worry about me as we are all right.
"Love to all,
"Live one day at a time; easier still, one hour.
"The key to success is seldom used as a night key.
"There's no such word as failure in connection with the forbidden fruit story."